**Summary of Ephesians chapters one through three**

We have:

… in Christ every spiritual blessing in the heavenly places (1:3)

… in Christ we have redemption through his blood, the forgiveness of our sins, according to the riches of his grace, which he lavished upon us, in all wisdom and insight (1:7)

… the immeasurable greatness of his power (1:19)

… the riches of his glorious inheritance in the saints (1:18)

… the immeasurable riches of his grace in kindness toward us in Christ Jesus (2:7)

… the unsearchable riches of Christ (3:8)

… the love of Christ that surpasses knowledge (3:19)

… direct access to God the Father (2:18) and to God the Son (3:11-12) having been sealed with the promised Holy Spirit (1:13)

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**A Worthy Walk is a walk *in* :**

* Truth (2 John 1:4)
* Fear (holy) (1 Peter 1:17)
* Bearing fruit in every good work (Col. 1:10)
* Newness of life (Rom 6:4)
* The knowledge of God (Col 1:10)
* Faith (2 Cor 5:7)
* Purity (Rom 13:13)
* Steadfastness (Col 1:10-11)
* Obedience like a child (1 Peter 1:14)
* Wisdom (Eph 5:15)
* the Holy Spirit (Rom 8:4)
* Good works which God prepares (Eph 5:3)
* The same manner Jesus walked (1 John 2:6)
* Light, bearing fruit (Eph 5:8-9)
* Light (no longer in darkness) (John 8:12)
* The light, in fellowship with one another (1 John 1:7)
* Sacrificial, Christ-like love (Eph 5:2)
* A manner worthy of your calling (Eph 4:1)
* Holiness (2 Peter 3:11)
* Thankfulness (Col 1: 10, 12)
* Humility (Eph 4:2)
* Joy (Col. 1:10-11)